



2019 USA TAEKWONDO MARYLAND STATE CHAMPIONSHIPS



Official Qualifier Event for USA Taekwondo National Championships
OPEN TO ALL STATES



Saturday: February 23, 2019

Competition Venue:

APG Federal Credit Union Arena at Harford Community College
401 Thomas Run Road Bel Air, MD 21015
www.harford.edu

More Information at: WWW.MARYLANDTAEKWONDO.ORG

For Information Call: (410) 721-4400

E-Mail: msta.tournament.chairman@gmail.com

Sparring
Poomsae

Pair Poomsae

Team Poomsae

Maryland State Taekwondo Association board members:

President: Senior Master Chien Vuong

President-Elect: Senior Master Joseph Pirczhalski III

Immediate Past President: Senior Master Yong Seong CJ Chang

Vice President: Master Roy Rothenberg

Vice President: Master Khaled Saleh

Honorary President: Grand Master Se Yong Chang

Referee Chairman: Grand Master John Holloway

Treasurer General: Mrs. Mindy Pirczhalski

Coach Chairman: Master Lee Henschel

AAC Chairman: Mr. Nick Hoffman



Sanctioned by: USA Taekwondo



**Organized by: Maryland State
Taekwondo Association**

National Level Tournament Facility & International Referees

Welcome Message

Greetings Grand Masters, Masters, Instructors, Athletes, & Parents

January 29, 2019

I am pleased to announce that the Maryland State Taekwondo Association (MSTA) will host the USAT Maryland State Championships on February 23, 2019 at the Harford Community College. In addition to providing young athletes from across the state the opportunity to challenge themselves in competition, the event will serve as a qualifying event for the 2019 USAT National Championships in Minneapolis, Minnesota, June 27-July 4.



We are grateful to the Harford Community College for providing the facilities for the MSTA Qualifier and welcoming our athletes, coaches, schools and MSTA leaders onto their grounds.

For many of our athletes, this event will be their first competition of the 2019 season and the first step to reaching many of the goals they have set for themselves this year. I encourage instructors and parents to prepare your athletes not only for the physical test they will face against their competitors, but also to push themselves to reach their personal best.

Respectfully,

Senior Master Chien V. Voung

Chien V. Voung

Maryland State Taekwondo Association President / Tournament Advisor

Greetings Taekwondo Members,

It brings me great pleasure to welcome everyone to the 2019 USAT National Qualifier. This tournament will continue the MSTA legacy of providing athletes with the highest and finest quality of USAT sanctioned Taekwondo competition in the Tri-State area of Maryland, Virginia and D.C.



I sincerely look forward to seeing all of you at this year's Qualifier, so keep practicing and good luck!!!

Senior Master Joseph Pirczhalski III

Joseph Pirczhalski III

Maryland State Taekwondo Association President-Elect / Tournament Director

EVENT POINTS OF CONTACT

Maryland State Taekwondo Association

Master Chien Vuong

410-721-4400

vuongsmartialarts@gmail.com

www.marylandtaekwondo.com

SANCTIONED BY

USA Taekwondo

1 Olympic Plaza

Colorado Springs, CO 80909



GOVERNANCE

All sanctioned State Championships must use and follow the USA Taekwondo Rules and Regulations.

For current Sparring and Poomsae rules please refer to the following link:

<http://www.teamusa.org/USA-Taekwondo/V2-Events/Competition-Rules>

VENUE

APG Federal Credit Union Arena at Harford Community College

401 Thomas Run Road, Bel Air, MD 21015

You may NOT bring any outside food/Drinks into the facility. The Only exception is for athletes which may bring bottled water and power bars. A full concession stand will be open for breakfast, lunch, drinks, and snacks. Please have cash on hand to speed along transactions but credit cards will be accepted. We ask that you please clean up any trash or spills.

LODGING

Holiday Inn Express Aberdeen-Chesapeake House

1007 Beards Hill Road, Aberdeen, MD 21001

Courtyard Aberdeen at Ripken Stadium

830 Long Drive, Aberdeen, MD 21001 USA

Hilton Garden Inn Aberdeen

1050 Beards Hill Road, Aberdeen, Maryland, 21001, USA

Residence Inn Aberdeen at Ripken Stadium

830 Long Drive, Aberdeen, MD 21001 USA

EVENT SPECTATOR TICKETS

Ticket Pricing	
Event Ticket	At-Door - Cash only! May also be purchased at time of Credential Pickup
ALL Day Pass (Adult 18-64)	\$10.00
All Day Pass (Child 5-17)	\$10.00
Children 4 & Under Adults 65 & Older	\$ 0 - Free

SCHEDULE

Weigh-In and Registration:

February 22, 2019

7pm – 9pm

APG Federal Credit Union Arena

- All sparring competitors must weigh-in the day before the competition.
- Athletes only competing in Poomsae (Form) do not need to weigh-in but must still check-in and pick up their credentials the day before.

Competition:

February 23, 2019

Ages 12 & up		ALL DIVISIONS Cadet / Juniors / Senior / Masters / Pairs / Team / Ultra
REPORT TIME	DESCRIPTION OF EVENT	LOCATION
8:15am - 8:45am	Referee Meeting	APG Federal Credit Union Arena
8:30am - 8:45am	Cadet/Juniors/All Senior & Masters Poomsae	Holding Area in the APG FCU Arena
8:50am - 9:00am	Opening Ceremonies for 12 and up	APG Federal Credit Union Arena
9:00am - 12:00pm	Competition Begins for 12 and up all divisions	APG Federal Credit Union Arena
9:00am - 12:00pm	All other divisions will be called to the holding area	Holding Area in the APG FCU Arena
12:00pm - 1:00pm	Lunch Break	APG Federal Credit Union Arena

ALL SATURDAY SPARRING COMPETITORS MUST BE CHECKED IN AND WEIGHED IN BY 9:00PM ON 2/22/19

SPARRING: DAEDO will be used for 12-14 and 15-17 Black Belt divisions only. RINGMASTER will be used for other

February 23, 2019

Ages 11 and under		ALL DIVISIONS Dragons / Tigers / Youth
REPORT TIME	DESCRIPTION OF EVENT	LOCATION
1:00pm - 1:15pm	Dragons/Tigers/Youth Poomsae Divisions	Holding Area in the APG FCU Arena
1:00pm - 1:20pm	Referee Meeting	APG Federal Credit Union Arena
1:20pm - 1:30pm	Opening Ceremonies for 11 and under	APG Federal Credit Union Arena
1:30pm - 5:00pm	Competition Begins for 11 and under all divisions	APG Federal Credit Union Arena
1:20pm - 1:30pm	All other divisions will be called to the holding area	Holding Area in the APG FCU Arena

ALL SATURDAY SPARRING COMPETITORS MUST BE CHECKED IN AND WEIGHED IN BY 9:00PM ON 2/22/19

DIVISIONS

USAT uses the date December 31 of the given year (December 31, 2019) to determine the age of all competitors. For example: an athlete turns 12 on October 26, 2019, so they would compete as a 12 year old in the given event, even though they are 11 years old at the time of the event.

REGISTRATION DEADLINES & FEES

All registration must take place on the USAT Hang-A-Star system. Please visit www.usa-taekwondo.us to register. Please have your USAT membership number accessible to register. USAT has a NO REFUND policy. **NO REFUNDS** will be given for any reason.

ATHLETES

Divisions	Early Registration Fee	Early Registration Deadline	Final Registration Fee	Final Registration Deadline
1 st Division	\$80	February 18, 2019	\$100	February 20, 2019
2 nd Division	\$95	February 18, 2019	\$115	February 20, 2019
3 rd Division	\$110	February 18, 2019	\$130	February 20, 2019
4 th Division	\$125	February 18, 2019	\$145	February 20, 2019
5 th Division	\$140	February 18, 2019	\$160	February 20, 2019
6 th Division	\$155	February 18, 2019	\$175	February 20, 2019
7 th Division	\$170	February 18, 2019	\$190	February 20, 2019
8 th Division	\$185	February 18, 2019	\$205	February 20, 2019

****Early Registration Deadlines end at 11:59am (EST)****

****Final Registration Deadlines end at 11:59am (EST)****

COACHES

CIDP LEVEL	Early Registration Fee	Early Registration Deadline	Final Registration Fee	Final Registration Deadline
Associate Coach or Level 1	\$35.00	February 18, 2019	\$55.00	February 20, 2019

****Early Registration Deadlines end at 11:59am (EST)****

****Final Registration Deadlines end at 11:59m (EST)****

Coaches are required to complete and pass a background check before they can register and pay for any sanctioned USAT event as well as the USOC Safe Sport Video.

SPARRING: DAEDO will be used for 12-14/15-17/17-32 Black Belt divisions only. RINGMASTER will be used for others
POOMSAE: POOMSAE PRO will be used for 12-14/15-17/18-30/30+ Black Belt Divisions only.

Some gear will be available for sale on site, but we strongly suggest you check your athlete's bag and gear the night before and do not rely solely on these sources. Gen2 socks will be available for purchase onsite by AAMA.

WEIGH-INS & BRACKETING

SPARRING

Note: (Explanation #1) Not exceeding: The weight limit is defined by the criterion of one decimal place away from the stated limit. For example, not exceeding 50kg is established as until 50.0kg with 50.1kg being over the limit and resulting in disqualification. (Explanation #2) Over: Over 50.00 kg marks occur at the 50.1kg reading and 50.0kg and below is regarded as insufficient, resulting in disqualification.

Ultra Divisions (33+ year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black) (33-40, 41-50, 51-99)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 58kg	Not exceeding 49kg
Light	Over 58kg & Not exceeding 68kg	Over 49kg & Not exceeding 57kg
Middle	Over 68kg & Not exceeding 80kg	Over 57kg & Not exceeding 67kg
Heavy	Over 80kg	Over 67kg

Senior Divisions (17-32 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg

Junior Divisions (15-17 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (KG)	Female Divisions Weight Category (KG)
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

Cadet Divisions (12-14 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 33kg	Not exceeding 29kg
Fly	Over 33kg & Not exceeding 37kg	Over 29kg & Not exceeding 33kg
Bantam	Over 37kg & Not exceeding 41kg	Over 33kg & Not exceeding 37kg
Feather	Over 41kg & Not exceeding 45kg	Over 37kg & Not exceeding 41kg
Light	Over 45kg & Not exceeding 49kg	Over 41kg & Not exceeding 44kg
Welter	Over 49kg & Not exceeding 53kg	Over 44kg & Not exceeding 47kg
Lt. Middle	Over 53kg & Not exceeding 57kg	Over 47kg & Not exceeding 51kg
Middle	Over 57kg & Not exceeding 61kg	Over 51kg & Not exceeding 55kg
Lt. Heavy	Over 61kg & Not exceeding 65kg	Over 55kg & Not exceeding 59kg
Heavy	Over 65kg	Over 59kg

Youth Divisions (10-11 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 30kg	Not exceeding 30kg
Light	Over 30kg & Not exceeding	Over 30kg & Not exceeding
Middle	Over 35kg & Not exceeding	Over 35kg & Not exceeding
Heavy	Over 40kg	Over 40kg

Tigers Divisions (8-9 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 21kg	Not exceeding 21kg
Light	Over 21kg & Not exceeding	Over 21kg & Not exceeding 25kg
Middle	Over 25kg & Not exceeding	Over 25kg & Not exceeding 30kg
Heavy	Over 30kg	Over 30kg

Dragons Divisions (6-7 year olds) – All Belt Colors (Yellow, Green, Blue, Red & Black)

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 19kg	Not exceeding 19kg
Light	Over 19kg & Not exceeding	Over 19kg & Not exceeding 23kg
Middle	Over 23kg & Not exceeding	Over 23kg & Not exceeding 27kg
Heavy	Over 27kg	Over 27kg

Junior Safety Rules: When attacks to the head are prohibited. The Referee will penalize the athlete for this case. The referee can decide the winner of RSC (Referee Stop Contest) in case of significant difference of competing ability between two athletes

SPARRING: DAEDO will be used for 12-14/15-17/17-32 Black Belt divisions only. RINGMASTER will be used for others
POOMSAE: POOMSAE PRO will be used for 12-14/15-17/18-30/30+ Black Belt Divisions only.

Some gear will be available for sale on site, but we strongly suggest you check your athlete's bag and gear the night before and do not rely solely on these sources. Gen2 socks will be available for purchase onsite by AAMA.

POOMSAE

INDIVIDUAL POOMSAE

AGE CLASSES	AGE DIVISIONS	BELT COLOR	RANK	COMPETITION TYPE
DRAGONS	6-7 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	SINGLE ELIMINATION
DRAGONS	6-7 YEARS OLD	BLACK	1 ST – 9 TH	SINGLE ELIMINATION
TIGERS	8-9 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
TIGERS	8-9 YEARS OLD	BLACK	1 ST – 9 TH	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	BLACK	1 ST – 9 TH	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
JUNIOR	15-17 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
JUNIOR	15-17 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
1 ST SENIOR	18-30 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
2 ND SENIOR	31-40 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
1 ST MASTERS	41-50 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
2 ND MASTERS	51-60 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
3 RD MASTERS	61-65 YEARS OLD	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
4 TH MASTERS	66 & OLDER	YELLOW, GREEN, BLUE & RED	N/A	MODIFIED WTF FORMAT
1 ST SENIOR	18-30 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
2 ND SENIOR	31-40 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
1 ST MASTERS	41-50 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
2 ND MASTERS	51-60 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
3 RD MASTERS	61-65 YEARS OLD	BLACK	1 ST – 9 TH	WTF FORMAT
4 TH MASTERS	66 & OLDER	BLACK	1 ST – 9 TH	WTF FORMAT

All color belt competitors will only be required to perform their respective poomsae for their Rank. Black Belts in the Dragon, Tigers, & Youth divisions will perform Koryo only. (Refer to page 13) This competition will be Bracketed Single Elimination Format. Once a competitor has chosen their Poomsae they must continue with that Poomsae throughout the duration of the competition.

All other Black Belt divisions refer to page 13.

PAIRS POOMSAE (CO-ED) – 1 MALE & 1 FEMALE
Cadet (12-14), Juniors (15-17), 1st Pairs (18-30) & 2nd Pairs (31+) Pairs Poomsae

Division	Belt	Rank	Gender	
Cadet (12-14)	Black	1 st – 9 th	Co-Ed	Modified WTF Format
Juniors (15-17)	Black	1 st – 9 th	Co-Ed	Modified WTF Format
1 st Pairs (18-30)	Black	1 st – 9 th	Co-Ed	WTF Format
2 nd Pairs (31+)	Black	1 st – 9 th	Co-Ed	WTF Format

State Championships can choose to do Dragon, Tigers and Youth Pairs Poomsae, but those divisions will not be available at the USAT National Championships.

**State Championships can choose to do color belt Co-Ed Pairs Poomsae, but those divisions will not be available at the USAT National Championships. **

All color belt competitors will only be required to perform their respective poomsae for their Rank. Black Belts in the Dragon, Tigers, & Youth divisions will perform Koryo only. (Refer to page 13) This competition will be Bracketed Single Elimination Format. Once a competitor has chosen their Poomsae they must continue with that Poomsae throughout the duration of the competition.

****All other Black Belt divisions refer to page 13.****

TEAM POOMSAE – 3 COMPETITORS OF THE SAME GENDER
Cadet (12-14), Junior (15-17) 1st Team (18-30) & 2nd Team (31+) Team Poomsae

Division	Belt	Rank	Gender	
Cadet (12-14)	Black	1 st – 9 th	Female	Modified WTF Format
Cadet (12-14)	Black	1 st – 9 th	Male	Modified WTF Format
Juniors (15-17)	Black	1 st – 9 th	Female	Modified WTF Format
Juniors (15-17)	Black	1 st – 9 th	Male	Modified WTF Format
1 st Team (18-30)	Black	1 st – 9 th	Female	WTF Format
1 st Team (18-30)	Black	1 st – 9 th	Male	WTF Format
2 nd Team (31+)	Black	1 st – 9 th	Female	WTF Format
2 nd Team (31+)	Black	1 st – 9 th	Male	WTF Format

State Championships can choose to do Dragon, Tigers and Youth Team Poomsae, but those divisions will not be available at the USAT National Championships.

**State Championships can choose to do color belt Team Poomsae, but those divisions will not be available at the USAT National Championships. **

All color belt competitors will only be required to perform their respective poomsae for their Rank. Black Belts in the Dragon, Tigers, & Youth divisions will perform Koryo only. (Refer to page 13) This competition will be Bracketed Single Elimination Format. Once a competitor has chosen their Poomsae they must continue with that Poomsae throughout the duration of the competition.

****All other Black Belt divisions refer to page 13.****

Required Poomsae

Color Belts

Division	Poomsae
Yellow (7 th & 8 th Geup) All Ages	Taegeuk 1 or 2 Jang Competitors choice
Green (5 th & 6 th Geup) All Ages	Taegeuk 3 or 4 Jang Competitors choice
Blue (3 rd & 4 th Geup) All Ages	Taegeuk 5 or 6 Jang Competitors choice
Red (1 st & 2 nd Geup) All Ages	Taegeuk 7 or 8 Jang Competitors choice

Black Belts

Division	Compulsory Poomsae	
6 – 7	Koryo	
8 – 9		
10 – 11		
Cadet (12 – 14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang	
Junior (15 – 17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek	
Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin	
Under 40		
Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon	
Under 60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu	
Under 65		
Over 65		
Pair	9 and Under	Koryo
	10 – 11	
	Cadet (12 – 14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior (15 – 17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Teaback, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Team	9 and Under	Koryo
	10 – 11	Koryo
	Cadet (12 – 14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior (15 – 17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

ADDITIONAL EVENTS

******Additional events held in conjunction with a State Championship are not qualifiers to the USAT National Championships*****

2019 USAT Referee Development Seminar

WHO: All Grand Masters, Masters, Referees, Coaches, and Competitors

WHAT: USAT Referee Development Seminar Certification

WHEN: Saturday February 16, 2019 @ 9am

WHERE: Vuong's Martial Arts - 1117 State Route 3 North, Gambrills, MD 21054

INFO:

Email marylandtaekwondo@gmail.com

Phone 410-721-4400

HOW: Register via hangastar on the USAT website

Link: <http://www.marylandtaekwondo.org>

WEIGH-INS

1. A competitor's weight shall be measured the day prior to his or her competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.
3. During the weigh-in, the contestant is required to show his/her current photo ID, USAT identification card or birth certificate.
4. Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
5. Weigh in, for both males and females shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants. ***Under NO circumstances may an athlete weigh-in in the nude in the United States.***

REGISTRATION CHECKLIST

Completing all items on this list will help ensure a speedy check-in and weigh-in process at the 2019 USA Taekwondo Maryland State Championships

- Register for the 2019 USA Taekwondo Maryland State Championships through the USAT Hang-A-Star online registration system.
- Complete registration payment online. In order to receive the early registration price you must pay by the early deadline. If payment is not received by this deadline the system will automatically update to the late fee.
- Send in Proof of Residency, Citizenship and/or black belt certification if required according to the division you have registered for. Hang-A-Star will indicate which is required upon completion of registration.

Note: These are the only acceptable documents that may be submitted any other documents will not be approved.

PROOF OF CITIZENSHIP	AGE	DOCUMENTATION REQUIRED
U.S. Passport	6-7, 8-9, & 10-11: Yellow, Green, Blue, Red, & Black Belts	n/a
U.S. Passport Card	12-14 & 15-17: Yellow, Green, Blue, & Red Belts	n/a
U.S. Birth Certificate	12-14, 15-17, and 18 & Older: Black Belts	Proof of Citizenship
	18 & Older: Yellow, Green, Blue, & Red Belts	n/a
	33 & Older (Ultra): Black Belts	n/a

- Upload a picture (headshot only in BMP, GIF, JPEG, PNG, TIFF and file must be **under 4MB**) to your membership profile. Please do not mail or email a photo.
- Confirmation forms are no longer required for athletes and coaches of all ages. Participants will automatically be confirmed as long as all documentation is received.

REQUIREMENTS





All participants must be current USA Taekwondo members. All coaches, referees, club owner/instructors 18 and older are required to complete and pass USA Taekwondo background check prior to being a member of USA Taekwondo and registered for USA Taekwondo state sanctioned event (background checks must be completed every two years). Please see the USA Taekwondo website for more details. Additionally, they will be required to view and complete the USOC Safe Sport video before renewing their membership.

- Athletes must hold the appropriate U.S. citizenship or residency depending on the division he/she participates in.
- All coaches must be, at minimum, AC certified within the USA Taekwondo CIDP program as well as view the Center for Safe Sport Video.
- An athlete **MAY** qualify in the same WORLD CLASS weight (sparring) and/or age category (poomsae) in **MULTIPLE STATE CHAMPIONSHIPS**.

AWARDS





SPARRING

2019 USA Taekwondo Maryland State Championships medals and certificates will be given out to the top 4 athletes, in the respective divisions and weight categories.

Individual Awards		
1 st Place		medals and certificates
2 nd Place		medals and certificates
3 rd Place		medals and certificates
3 rd Place		medals and certificates

POOMSAE

2019 USA Taekwondo Maryland State Championships medals and certificates will be given to the top 4 individuals, pairs (co-ed) and teams in the respective divisions.

Individual/Pairs/Team Awards		
1 st Place		medals and certificates
2 nd Place		medals and certificates
3 rd Place		medals and certificates
3 rd Place		medals and certificates

2019 MAJOR CHANGES

- **There is no on-site registration at any State Championship or National Championship.**

SPARRING

- State Associations will have a World Class & Grassroots divisions for CADET SPARRING black belts.
- To qualify for a World Class at the National Championships, an athlete must participate** at a State Championship in that World Class division they wish to compete in.
- State Associations can offer a Non-World Class Black Belt Division for Cadets, Juniors, and Seniors. This division is for athletes that do not have US Citizenship. This division will not be held at Nationals in 2019.
- Athletes participating as a black, red, blue, green, or yellow belt that are 11 years old or younger, as well as the Ultra divisions will **NO LONGER** have to show proof of U.S. residency to compete in at the State or National Championships.
- All World Class 12 – 14 (Cadets), 15 – 17 (Juniors), 17 – 32 (Seniors) Sparring and Poomsae, and 40 and older Poomsae Black Belt athletes must provide proof of U.S. citizenship, if they cannot provide this documentation, they cannot compete in the State Championship.
- Winner of the cadet Grassroots divisions will no longer qualify for the World Class division because Grassroots division will use Junior Safety Rules and World Class divisions will use Full Head Contact Rules (see competition rules for full explanation of these rules)
- Once qualified for a World Class division, an athlete is no longer eligible for Grassroots divisions.

Cadet Poomsae; Junior Sparring and Poomsae; Senior Sparring and Poomsae black belts will have World Class Divisions ONLY (no Grassroots divisions). Those athletes that participate** at a USA Taekwondo State Championships in these black belt divisions will qualify for the World Class Divisions at Nationals.

COLOR BELTS

- All color belt athletes will be able to compete in a State Championship and National Championships at the current belt in which they hold. For example, an athlete competed at a State Championship as a green belt but has since tested and received their blue belt. This athlete may now compete at the USA Taekwondo National Championships as a blue belt.
- EXCEPTION: If an athlete competed at a State Championship as a red belt and has since been promoted to black belt, the athlete MAY NOT compete in any black belt divisions.

PROOF OF BLACK BELT REQUIREMENT

- If an athlete doesn't have a black belt certification uploaded to their profile or provide a copy of certification at the time of registration, the State Association will be able to utilize the black belt verification form. The form will include contact information so that USA Taekwondo can track that each person provides a copy of their black belt certification by the National Championships. If a copy is not provided at the National Championships, then the athlete's coach and/or instructor will be required to apply for a USA Taekwondo Dan black belt certificate at the time of registration. For more information on the USA Taekwondo Dan certification program follow this link: <http://www.teamusa.org/USA-Taekwondo/Resources/Dan-Certification-Program>

ATTACHMENT A

USA TAEKWONDO BLACK BELT VERIFICATION FORM

Form must be filled out completely to be valid:

Athlete Name: _____

Athlete USAT Membership Number: _____

Athlete/Parent or Guardian Email: _____

Athlete/Parent or Guardian Phone Number: _____

Coach or Instructor Name _____

Coach or Instructor Email: _____

Club Name: _____

Coach or Club Phone #: _____

I, _____ certify that _____ is a Black Belt
as of _____.

DATE

By signing this form, I understand that _____ will compete as a black belt in all USA Taekwondo events from this date forward and that I will provide a copy of black belt certification by the final registration deadline for the 2019 National Championships to USA Taekwondo National Office.

Signed: _____ Date: _____

ATTENTION COACH/INSTRUCTOR: You will be required to provide the USA Taekwondo National Office with a copy of this athlete's black belt certification by the final registration deadline of the 2019 National Championships. If documentation is not available at that time, then it can be presented at time of registration. If a copy is not available at the time of registration, then the coach/instructor will be required to apply and pay for a USA Taekwondo black belt certification.

ATTACHMENT B

2019 Maryland State Championships - Poomsae Draw

Black Belts

Female	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Preliminary	Taegeuk 7	Taegeuk 6	Taebaek	Taegeuk 8
Semifinal	Taegeuk 8	Taebaek	Koryo	Koryo
Final 1	Taegeuk 5	Taegeuk 7	Taegeuk 6	Keumgang
Final 2	Koryo	Taegeuk 5	Keumgang	Taebaek

Male	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	Senior 2 (31-40)
Preliminary	Koryo	Taegeuk 5	Taebaek	Keumgang
Semifinal	Taegeuk 7	Koryo	Sipjin	Jitae
Final 1	Keumgang	Taegeuk 7	Pyongwon	Shipjin
Final 2	Taegeuk 4	Taegeuk 6	Taegeuk 6	Taebaek

Female Team	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	31 and Over
Preliminary	Taegeuk 8	Koryo	Keumgang	Pyongwon
Semifinal	Keumgang	Taegeuk 5	Sipjin	Taebaek
Final 1	Taegeuk 4	Taegeuk 8	Koryo	Taegeuk 8
Final 2	Taegeuk 7	Taegeuk 4	Taebaek	Jitae

Male Team	Cadet (12-14)	Junior (15-17)	Senior 1(18-29)	31 and Over
Preliminary	Taegeuk 6	Taegeuk 7	Keumgang	Taebaek
Semifinal	Keumgang	Taebaek	Koryo	Jitae
Final 1	Taegeuk 8	Taegeuk 6	Taegeuk 8	Pyongwon
Final 2	Taegeuk 7	Keumgang	Taegeuk 6	Taegeuk 8

Pairs	Cadet (12-14)	Junior (15-17)	Senior 1(18-30)	31 and Over
Preliminary	Taegeuk 7	Taegeuk 7	Taegeuk 7	Koryo
Semifinal	Koryo	Taegeuk 6	Shipjin	Taegeuk 8
Final 1	Taegeuk 5	Taebaek	Taegeuk 6	Keumgang
Final 2	Taegeuk 6	Koryo	Koryo	Pyongwon

Female	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Preliminary	Shipjin	Keumgang	Taebaek	Cheonkwon
Semifinal	Pyongwon	Jitae	Koryo	Taebaek
Final 1	Jitae	Hansu	Shipjin	Jitae
Final 2	Taegeuk 8	Shipjin	Keumgang	Koryo

Male	Master 1 (41-50)	Master 2 (51-60)	Master 3 (61-65)	Master 4 (66+)
Preliminary	Koryo	Koryo	Hansu	Koryo
Semifinal	Shipjin	Cheonkwon	Koryo	Taebaek
Final 1	Taebaek	Pyongwon	Pyongwon	Cheonkwon
Final 2	Keumgang	Keumgang	Taebaek	Keumgang



2019 USAT Maryland State Championships



Official Qualifier Event for U.S. National Championships
Saturday February 23, 2019
Harford Community College - APG Federal Credit Union Arena
401 Thomas Run Road Bel Air, MD 21015
Register Online at: www.usa-taekwondo.us
Info: (410) 721-4400 www.marylandtaekwondo.com

TOURNAMENT SITE DIRECTIONS



Directions

From South Of Campus (Baltimore, Washington, D.C.)

1. Take Interstate 95 N. to exit 80 Churchville (Rte. 543).
2. Travel north toward Churchville for approximately 6 miles to the traffic light at the intersection of Rte. 543 and Rte. 22.
3. Turn right on Rte. 22 and continue to the light at Thomas Run Road.
4. Turn left on Thomas Run Road.
5. The College campus is on the right.
6. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
7. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
8. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

From North of Campus (Elkton, Wilmington, New York)

1. Take Interstate 95 S to Exit 85 Aberdeen (HWY 22 West).
2. Travel Rt. 22 West to the light at Thomas Run Rd.
3. Turn right onto Thomas Run Rd.
4. The College campus is on the right.
5. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
6. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
7. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

Special Thanks to our Medical Staff



Bare Essentials Sports Medicine

Is pleased to support the Maryland State Taekwondo Association and
local tournament at Harford Community College

Special Thanks to our Vendors



Web: <http://aamausa.com/>

ADDRESS: 31399 Lorain Rd. North Olmsted, OH 44070

TOLL FREE: 1-888-668-6355

PHONE: 1-440-734-6990

FAX: 1-440-734-6980

BUSINESS HOURS: Mon~Fri 09:00 ~ 18:00



Company: i-Tiger TaeKwonDo

Contact: Mr. Bo Kwon

Phone: 703-674-8734